



THE SIGNAL

MARINA BAY YACHT CLUB

Richmond, California

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July 2002

COMMODORE'S LOG

Clubhouse

The rough end (north end) of our "new" bar has been cut off to neaten its appearance. Your Board of Directors is now discussing how to modify or replace the bar's support structure, adding drawers and cabinets. We also want to put a sink behind the bar.

Ed Johnson, Club Facilities Chairman, is doing research on redesigning, permitting, and rebuilding the kitchen. This project has high priority on our list of clubhouse improvements. Ed has also been busy personally re-keying the locks and getting the building alarm system functional. (Ed is also our Treasurer and our Webmaster. He's a busy guy.)

Open House

At the June Board of Directors' meeting, the possibility of having an Open House affair once a month throughout summer and fall was discussed. We decided that the best Saturdays to hold them would be on the days that we have Board meetings. Since we also have a dinner on Board meeting days, the best time for the Open Houses would be mid-day, say from 11:00 to 2:00 for lunch. This would be used to recruit new members, and the public would be welcome. We need Club members (not just Board members) to fire the barbecue, tend bar, and provide salad, and bread and/or buns.

The first Open House would be held on July 20th. If you can help, please contact Port Captain Bill Merkel or Social Director Ardelle Cirino.

Aeolian YC Cruise-in and Dinner

The Aeolian Yacht Club is scheduled to cruise in to our club on this Saturday, July 6. See Ardelle's flier on pg. 8. They will join us for a delicious salmon dinner, prepared by Kat and me. If you plan to attend, e-mail or call Commodore Phillip Coker or Social Director Ardelle Cirino. Let's show those Aeolians that we are a significant club!

August Dinner

Speaking of volunteering, Ardelle still hasn't had anyone yet sign up to host the August dinner. If you have an "old family recipe" that you could treat all your friends to, contact Ardelle at SocialDirector@MarinaBayYC.com

Safety Inspection

For July 6/7, our Safety Officer, George Naill, has agreed to conduct safety inspections of MBYC member boats. They must be berthed in, or brought to Marina Bay for the inspection. To set up an appointment, contact George by phone or e-mail (see pg. 2) before that weekend, or hail George on the 6th or 7th by VHF radio; call "Pelican Tender".

If you fail the inspection, no one else will know, but you will then know what you have to correct to survive a Coast Guard inspection. If you pass George's inspection, you will get a sticker to paste on your porthole, which can deter the Coast Guard from stopping you. As a member of the Power Squadron, George is trained and qualified to hold voluntary inspections.

-----Phillip Coker

MBYC HOTLINES

Commodore

Phillip Coker

Commodore@MarinaBayYC.com

Vice Commodore

Jim Taylor

ViceCommodore@MarinaBayYC.com

Rear Commodore

George Naill

RearCommodore@MarinaBayYC.com

Secretary

Michael Green

Secretary@MarinaBayYC.com

Treasurer

Ed Johnson

Treasurer@MarinaBayYC.com

Fleet Captain

Larry Lawson

FleetCaptain@MarinaBayYC.com

Port Captain

Bill Merkel

PortCaptain@MarinaBayYC.com

Social Director

Ardelle Cirino

SocialDirector@MarinaBayYC.com

Past Commodore

Don Wigle

PastCommodore@MarinaBayYC.com

PICYA Representative

Mike Faircloth

Safety Officer

George Naill

RearCommodore@MarinaBayYC.com

YRA Representative

David Jacoby

jacobyds@aol.com

Signal Editor

Erwin Gove

SignalEditor@MarinaBayYC.com

Marina Bay Yacht Club

P.O. Box 281, Sta. A

Richmond, CA 94808

(510) 232-6292

Website: www.MarinaBayYC.com

Webmaster – Ed Johnson

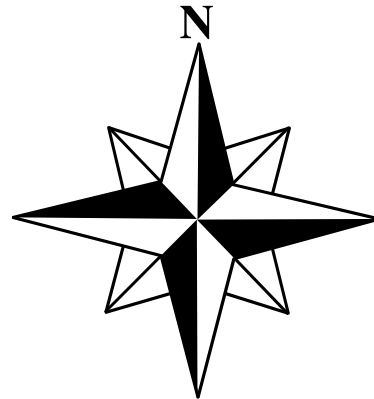
Clubhouse: The Boathouse

2580 Spinnaker Way, Richmond CA

MEMBERSHIP

MEMBERSHIP APPLICATION

- Tom and Josie Dowd of Danville, who drive a Bayliner 32 (name unknown).



CRUISE NEWS FROM NATARAJA

Palmyra Atoll - 05 52 N, 162 05 W

We began our adventure at 0600 May 4th. The winds were light so we decided to wait until daylight and head out. They never really filled and we opted to head to Molokai instead of Lanai. Hale O Lono is one of our favorite spots, so we didn't mind the diversion. The harbor filled later in the afternoon with boats from the Hawaii YC. It was a race, and about 30 boats showed up. We scored a couple of dinner vouchers and enjoyed some great local food and music.

The race boats all headed out the next day, and we had the place to ourselves. The wind was super light, and we figured we'd rather sit at anchor than try to sail in it. As it turned out, we didn't leave until 0800 May 7th.

We had a fabulous sail down to Palmyra. The winds were awesome until they lightened up on the 12th. Our progress up until then had been really great and we hoped to make landfall on the afternoon of the 13th. As it turned out, we arrived just after sunset, and headed to the lee of the atoll until daybreak. The channel is quite spooky, there are no buoys, only a set of range markers on the shore. It is flanked on both sides by a nasty reef, and you can clearly see two vessels hard aground. One is a barge and the other a long liner. We were anchor down in the lagoon the morning of the 14th.



Palmyra

Palmyra is an atoll, and there are 20 some odd islands and islets surrounding the lagoons. Cooper Island is the only

one we were allowed on without a guide. The area is technically uninhabited, but there are two managers, two assistants, three volunteers, a fishing / diving guide, and a Fish & Wildlife guy here at the present (and us). The Nature Conservancy owns the land and Fish & Wildlife govern the surrounding waters to 12 miles out. The entire area has been declared a National Wildlife Refuge.



Emmy and Eric

The water is so incredibly clear, you can easily see the bottom in 50 ft. of water. From the boat we watched the giant Manta Rays, the Sea Turtles, and the Black Tip sharks. There are thousands and thousands of birds here. Mostly booby birds---Red Footed, Browns, and Masked; terns & frigate birds. The ground is literally crawling with hermit crabs, land crabs, and on some islands, even Coconut crabs. The islands are covered with palm trees and jungle-like fauna. On the north side of Cooper Island is a beautiful white sand beach. The palm trees line it as far as you can see.

We were able to visit some of the other islands with a guide and saw the coconut crabs close and personal. Those guys are huge! We went out snorkeling with the staff and were able to swim with the Melon Head Whales (these are very similar to Pilot whales, but smaller). We could hear them singing, it was really a humbling experience. They also took us to the Coral Gardens near Barren Islands. Spectacular! There were many varieties and colors of coral. The area was teeming with fish of all kinds and colors. We were even visited by several small Black Tip Reef Sharks.

The Fish & Wildlife guy, Christian, invited us along one afternoon to tag some birds. I was actually able to assist by holding the chicks. We tagged several Brown Booby chicks and a Masked Booby. He tagged a mother Red Tail Tropic bird as we observed. The chicks really aren't all that small, and they are quite strong. While holding them, I was afraid I'd break it. But, Christian showed me the proper way to hold them, and assured me, I wouldn't hurt them. They were so soft and fluffy. This was truly a once in a lifetime opportunity and we felt very lucky to have had the chance to tag along.



We also went out fishing one day and hauled in a 48-pound Yellowfin Tuna. Sashimi anyone? The fish boat is limited to no more than three fish per day, but at that size, it's not a factor. They smoke and jerk a lot of fish in addition to sashimi. One could get very spoiled here.

We are so glad we chose to come here. The beauty and wildlife are something that we will always treasure.

June 19. Well, our time in American Samoa is winding down, and it is time to head out. We will weigh anchor on Thursday and head to Apia, Western Samoa. American Samoa has been awesome; we have spent a lot of time riding the buses all over the island and did a couple of hikes. The island is considered to be a rainforest. This was very evident on the hike we did yesterday. We went up to 1600 feet along a ridge. The views were spectacular. The plants were unreal, many varieties of ferns, and other tropical plants. Lots of birds and little lizards, but we only saw one bat. It's pretty rainy here, but we had a beautiful sunny day to enjoy our hike. I don't have much time on

the computer, but just wanted to keep everyone up to date on our wanderings. We'll be in touch from Apia.

Talofa

All!

We were underway @ 1400 on Thursday. The winds were on the lighter side, 10-15 and seas 8-10, both from the east. We enjoyed a beautiful sail and a lovely night under a bright moon. By 0230 we were hove to (for you landlubbers "hove to" is basically stalling the boat with the sails up and the rudder cocked off to one side). At first light we began our approach and the wind died. We floundered around for awhile and finally turned the engine on. We were anchor down at 1030.

The island is volcanic and covered with jagged mountain ranges. Apia is the capitol and has a population of about 35,000. The town is booming and there are a number of tourists. The harbor is much cleaner than Pago Pago. The supermarkets are also much better stocked. The exchange rate is \$1 US = \$3.20 WS. Not bad. We will spend a week or two exploring and we will report back before we head off to Tonga.

-----Emmy & Eric
S/V *Nataraja*

FLEET CAPTAIN'S COLUMN

I heard the cruise to Encinal Yacht Club was a good one. Even had good warm weather. The host was Peter Turner and I thank him for the good job he did. The boats that cruised in were *Silverheels II*, *Uncle George*, *Sassy* and *White Bear*. Erwin Gove crewed on *Silverheels II*, and Nestor and Ardelle arrived by auto.

I was busy in Hawaii having a vacation instead of purchasing a boat as planned. I did not make this cruise. As it turned out, the owners and broker who told me the Tartan 34 I went to check out was ready to cruise the world were not quite right. The boat has never been north of Pt. Conception and was set up for downwind and San Diego. Not the North Pacific and San Francisco area.

Now we are close to closing on a Pearson 34 in Sausalito. A bit closer than Hawaii. At this point we need to do the sea trial and the survey. So far so good on this one.

The next cruise will be to Sequoia Yacht Club in Redwood City. Great, warm sail to the South Bay. I'll be gone for this one again. Off to the Channel Islands for the month. Phil Coker will host so RSVP to him. Thank you Phil! I plan to be here for all the other cruises.

August will be to Vallejo Municipal Marina, not the Club. Seems it wasn't really set up as we thought it was. Still a great destination and good sail. We will get "E" dock to ourselves. This is the second entrance into the harbor. The cost is \$15 per night; boats 50 ft. and over are \$20. We can party, do potluck, or go to local restaurants. It will be another whatever-you-want-to-do cruise. RSVP to the Lizard Guy at FleetCaptain@MarinaBayYC.com. We should get the RSVPs in by the first of August. They dredged, and we should have no problems with a -.9 tide. All who draw six feet are good; seven feet will get some mud. The tides are with us going up and back IF YOU LEAVE EARLY going back. Let's see if we can get more than 15 boats for this party!

The Labor Day cruise to Half Moon Bay Yacht Club is always fun and a great party. You should all plan on a short ocean cruise down for this one. I put in an order for clear, warm weather. It has happened before. Tee shirt time at Pillar Point! Sounds great huh? Just be prepared for cool and fog.

Also as a reminder: Be sure to check the tides, currents, charts and weather before cruising to any destination. Double check the weather and have a good safe time on the water.

-----Lizard Guy

FOR SALE

Lizard

Larry (the Lizard Guy) Lawson is buying a new (to him) boat, to be named *Lizard II*. He now has his old *Lizard* up for sale.

Lizard is a Ranger 29 with newer sails and roller furling, radar, solar panel, new propane stove, and other stuff. She has served him well on a number of coastal trips, as well as many trips on the Bay and Delta.

If interested, contact Larry or Lisa by e-mail at FleetCaptain@MarinaBayYC.com.



CRUISE-OUTS

Our June cruise-out was to Encinal Yacht Club, in Alameda on the busy Oakland Estuary. Our fleet consisted of four yachts and one drive-in; small but not surprising considering the massive cruise to Pittsburg of just two weeks before. The sail was very pleasant, plenty of wind but still shirtsleeve weather.

Our ad hoc Fleet Captain was Peter Turner, sitting in for Larry who was in Hawaii looking at boats. (Larry had made all the arrangements before he left.) We were met at Encinal by their Port Captain, who told us we were fine right where we'd tied to their dock. Docking was a breeze because there wasn't much of a breeze, at least compared to Pittsburg.

First to arrive was *Silverheels II* with Peter and Erwin. In fairly short order came *Sassy* with Joe and Betty Harralson, *Uncle George* with Jim Taylor and his crew Tom Rudd, and *White Bear* with Paul and Mary Cospier. Refreshments and poo-poops were indulged on *Silverheels II* before the group drifted up to the clubhouse for...more of the same. There we were joined by Ardelle and Nestor Cirino, who came by land yacht.



Encinal YC has a full service restaurant in its clubhouse. Imagine, a menu to choose from! The food was first class.

The party continued after dinner for awhile at the club, and then returned to the boats. A great evening.

Below are some pics stored in my camera for months. I finally used up the roll at Encinal. Do many of the characters look the same? Is *Silverheels II* the party boat du jour?



The cocktail hour (or so) at Pittsburg in May



The raft at Loch Lomond in February

This is a good place to put in a plea for pictures of MBYC boats. We need them for the cover page of the Signal. We have newer members who have never had their pictures....or their boat's picture....in the paper. Help!

-----Erwin Gove
Editor

JUNE DINNER

Our dinner in June featured Fine Italian Cuisine. And it WAS fine. We asked Barbara and Michael Faircloth for their recipes for the Red Sauce Lasagna and Pesto Lasagna. Barbara says, "the recipes are mostly a 'taste and see how it is' but I will do my best to give you exact quantities to make the sauces. We use fresh pasta but packaged noodles can be used."

RED SAUCE LASAGNA

1 lb ground beef or turkey
1-1/2 c chopped onions
1 clove garlic
1 tsp salt
1 tsp marjoram
1 tsp sage
1 tsp allspice
1 tsp thyme
2 - 8 oz cans tomato sauce
1 - 6 oz can tomato paste
3 bay leaves
1 tablespoon oil
8 oz mushrooms
1 pt ricotta cheese
1 lb shredded Mozzarella cheese
8 oz Parmesan cheese
1 pkg lasagna noodles, cooked

In a saucepan put oil, brown onions; add meat, garlic, thyme, sage, marjoram, pepper and salt. Cook until meat is brown. Add allspice, tomato sauce, 2 cans of water using tomato sauce cans, tomato paste, and 1 can of water using tomato paste can. Add bay leaves, stir and lower heat to simmer. Cook for at least 3 hours before using. Add mushrooms at the end, about 10 minutes before removing from heat so mushrooms will still be tasty.

We assemble it by using a 13 x 9 pan coated with PAM or other spray-on coating to prevent sticking. Ladle some meat sauce in bottom of pan, put in a layer of noodles, add ricotta by tablespoon on layer, sprinkle cheeses and pepper, put sauce on top of this and then add another layer of noodles. Reverse the layering of noodles so that it will hold its shape better. If the first layer is noodles lengthwise, the next layer should have the noodles crosswise. Continue to build the layers until all the noodles and sauce have been used. Put a layer of cheese on the top and bake in over at 375 for 45 minutes. Let cool awhile before serving, as it will cut and serve better that way.

PESTO LASAGNA

1 - 8 oz pkg frozen pesto sauce (We normally make it fresh if basil is available)
1 lb Mozzarella cheese
1 lb Parmesan cheese
8 oz ricotta cheese
1/2 c butter or margarine
1/2 c flour
2 c milk
2 c chicken stock
a dash of nutmeg
a dash of red pepper

Melt butter, stir in flour with a wire whisk. Cook over a medium heat, stirring constantly for about 5 minutes. Add the milk and stock. Stirring constantly, bring to a boil and then reduce heat and simmer for about 5 minutes stirring constantly. Add salt and pepper to taste. Sauce should be consistency of a light cream sauce. Dilute with additional stock if necessary to thin. Stir in pesto and assemble the same way as the red sauce lasagna.

-----Barbara & Michael Faircloth

PICYA REPORT

The return of the tall ships to San Francisco takes place August 28 to September 2, 2002.

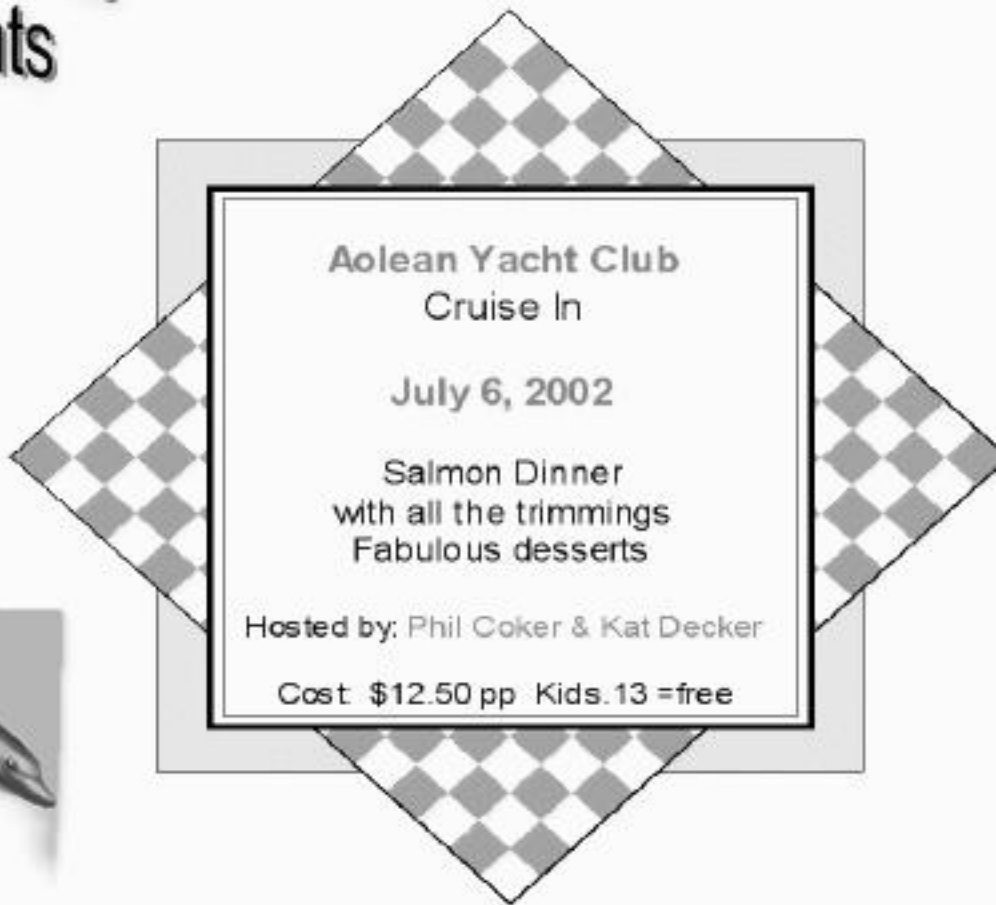
The annual Wheelchair Regatta is seeking volunteers to participate. This event takes place on the last Saturday in September, 9-28-02. Applications can be obtained on line at the PICYA web site.

The Safety Committee is continuing its partnership with the US Coast Guard. The US Coast Guard will be receiving copies of the Yachting Yearbook so they can identify PICYA recreational vessels on the water. The Safety Committee is hopeful it might help prevent on-the-water boarding by the USCG. Also, safety flags are now available at Ecommodore Ensignia, a Yearbook advertiser whose ad is on page 30 of the Yachting Yearbook.

-----Michael Faircloth
PICYA Representative

Marina Bay Yacht Club Upcoming Events

JULY



**Aolean Yacht Club
Cruise In**

July 6, 2002

Salmon Dinner
with all the trimmings
Fabulous desserts

Hosted by: Phil Coker & Kat Decker

Cost: \$12.50 pp Kids. 13 =free



Cruise Out
Sequoia Yacht Club

July 13 - 14, 2002

Contact Larry Lawson
Phone 707 546-9657
FleetCaptain@marinabayyc.com



Reserve Your Spot
Today!!



July 20th, 2002
Board Meeting Dinner
Barbeque American Style.

Menu
BBQ Spare Ribs Corn
on the Cob Potato
Salad Green Salad
Rolls & Butter
Apple Pie & Ice Cream

Hosted By: The Jacobys & the Taylors

Cost:
\$10.50 per person Children >13 = free

Special Notice

Please contact Ardelle if you want to host our Board Meeting Dinner in August. Or if you would like to sign up to host an open house. Thank You!!

RSVP: Ardelle 707 558-9637 or email: SocialDirector@MarinaBayYC.com

MBYC 2002 CALENDAR OF EVENTS

JANUARY

- 12/13 Angel Island Raft-up
- 19 Board meeting
Installation Dinner – Ciopino (Lagier)
- 26 Berkeley YC Cruise-in
Salmon/chicken Dinner

FEBRUARY

- 3 Super Bowl Sunday (drinks & snacks)
- 9/10 Cruise-out to Loch Lomond YC
- 16 Board meeting
Valentines Party – Pasta Extravaganza
- 23 Sausalito YC Cruise-in
Clam Chowder Dinner

MARCH

- 9/10 Cruise-out to South Beach Harbor
- 16 Board meeting
St. Patrick's Dinner (Cirino)
- 23/24 Sea Scout/Rotary Club Cruise-in

APRIL

- 13/14 Cruise-out to Sausalito YC
- 20 Board meeting
Bar & snacks (after meeting)
BBQ tri-tip & chicken dinner
(Ledbetter/Flores)
General Membership meeting
- 21 Buffet Brunch
- 28 Opening Day on SF Bay (PICYA)

MAY

- 4 Cinco de Mayo celebration
BAADS Cruise-in luncheon (Cirino)
MBYC dinner (Wigle)
- 18 Board meeting
Potluck Dinner (Johnson)
- 25-27 Cruise-out to Pittsburg YC (Blues Festival)

JUNE

- 8/9 Cruise-out to Encinal YC
- 15 Board meeting
Ballena Bay YC Cruise-in
Dinner: Fine Italian Cuisine
(Faircloth/Merkel)

JULY

- 6/7 Aeolian YC Cruise-in
Salmon Dinner (Coker/Decker)
- 13/14 Cruise-out to Sequoia YC (contact Phillip
Coker – Commodore@MarinaBayYC.com)
- 20 Open House (1100 – 1400)
Board meeting (1600)
Barbecue American Style (Jacobys &
Taylors (1800/1900))

AUGUST

- 3+/- Unorganized coastal cruise to Catalina,
returning via Channel Islands for
Labor Day---
- 10/11 Cruise-out to Vallejo Municipal Marina
- 17 Board meeting
Dinner
- 31 Cruise-out to Half Moon Bay YC---

SEPTEMBER

- 1-2 ---and barbecue at Half Moon Bay
- 21 Board meeting
"Santa Maria" style tri-tip barbecue

OCTOBER

- 12-14 Cruise-out to Drake's Bay
- 19 Board meeting
Annual Membership Meeting
Chili Cook-off Dinner

NOVEMBER

- 2/3 Cruise-out to Treasure Island YC
- 16 Board meeting
Cal Clippers Cruise-in
Thanksgiving Dinner

DECEMBER

- 7/8 Angel Island Raft-up
- 14 Board meeting
Holiday dinner

MARINA BAY YACHT CLUB

SIGNAL



Gove

RIPPLE
Coronado 34
Captain Don Wigle and Mate Jan
----Heading home from Loch Lomond
in early February, 2002



Marina Bay Yacht Club

P. O. Box 281, Sta. A
Richmond, CA 94808

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