



Notice !!

George and Ellie Naill are available most weekends to provide US Power Squadron inspections. The inspection covers the fundamentals of safety and legality that any boat operated in the Bay or Delta should be able to meet. The inspection is fast and easy and there is no penalty for not being up to snuff on the first go 'round. The 2004 sailing season is hard upon us. Call George or Ellie now at (707) 894-7450 or by cell at (707) 481-1806 to set up an appointment and get that 2004 safety sticker on your boat.

Inside this issue:

February Dinners & Cruise-Ins	1
A Cruising Guide— Conclusion	1
Hotlines	2
Commodore's Log	2
Membership Applications	2
Port Captain's Log	3
Board Meeting Highlights	5
Power Squadron Tips	5
Coming Events	6
Club Calendar	7
Cruising Schedule	8

February Dinners & Cruise-Ins



Earlene & Paul Lagier

The highlight of our events last month has to be the social interplay with cruisers from two other yacht clubs in our area. The first cruise-in was the Berkeley Yacht Club led by Berkeley Staff Commodore and Cruise Leader Brian Leary who came on the same night that Paul and Earlene Lagier put on their Crab Cioppino Dinner. Because members can now be overheard debating whether the Cioppino was better this year than last year, the Lagiers clearly have established a club annual Cioppino Dinner tradition. For sea

food lovers, it just doesn't get much better than this. Brian and the folks who came



Before



After

over from Berkeley slapped on their bids, dove right in and ate their fill.

Above are pictures of Brian at the dinner. We know that all of the Berkeley bunch had a good time by the condition of their

(Dinner Continued on page 3)

A Cruising Guide

By Emmy Newbould

In our December issue Emmy discussed the basics of preparing yourself and your boat for cruising. In this issue Emmy concludes her discussion of specific on-board equipment, separating needs from wants, which began in the January issue. Emmy and Eric Willbur are on an extended cruise aboard Nataraja and are presently in Ketchikan, Alaska.

Crew: We prefer to do it ourselves. But, that is our preference only. Our boat is set up to be easily single-handed, so the off watch guy doesn't need to be woken up unless all hell is breaking loose. On passages, we do three hour shifts. It's only tough the first 24 hours, then your body gets into a routine. We had tried four hour

shifts, but found it hard to stay awake at night, the three hour watch seems to have done the trick for us. There are a number of things to consider when taking on crew. Personality differences is a biggy. The boat gets really small with two people, and even smaller with more. Try some long weekends with potential crew aboard before committing, or you may find yourself being committed at the journey's end. We have heard some real horror stories about crew, but there have been some

(Emmy Continued on page 4)

MBYC Hotlines



Commodore
Jim Taylor (707) 575-1104
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Rear Commodore
Ardelle Cirino
RearCommodore@MarinaBayYC.com



Secretary
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Port Captain
Bill Butterworth
PortCaptain@MarinaBayYC.com



Fleet Captain
Paul Lagier (209) 599-6635
FleetCaptain@MarinaBayYC.com



Safety Officer
SafetyOfficer@MarinaBayYC.com



Past Commodore
Mike Green (707) 864-6608
PastCommodore@MarinaBayYC.com



Webmaster
Ed Johnson (510) 235-6008
WebMaster@MarinaBayYC.com

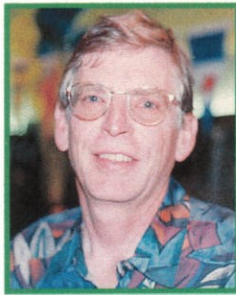


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PICYA Representatives
Jim Taylor Mike Green
Phil Coker

Commodore's Log



Jim Taylor

Three Saturdays in February have been spent working on *Uncle George's* diesel engine. There have been a number of diesel leaks and it was time to change fuel and cooling hoses, copper washers, and a water pump. All have provided good service as most were original equipment (1975). In the process, I found a good source for all makes of water pumps on the internet. I will be happy to pass the name along if you ask. I also got a lesson in world finance. If your engine is of European origin like mine, you will be paying more for parts. The Euro is kicking the dollar in the tail and you can expect to pay 20 – 30% more than the last time you purchased the same part. My engine is running better than ever and I will be ready for the March cruise to Loch Lomond on March 13/14. Last Saturday evening I met the folks that cruised to Sausalito at the Sausalito Yacht Club for dinner. The meal was tasty and everyone enjoyed themselves. Paul Lagier and the Sausalito Club did a great job. There were a total of seven folks from Marina Bay Yacht Club. Paul told me there were seventeen reservations for

the cruise and dinner. For those that did not keep their reservations, I realize plans can change for all of us. Paul and the Sausalito YC made their planning based on the numbers provided from your responses. This poor showing is both frustrating and embarrassing for the event planner and our hosts. In the future, I hope anyone that has responded to attend an event will have the courtesy to notify the person in charge of a change in plans, so that all concerned can be advised and act accordingly.

On February 3, Phil Coker and I met with Bill Rhoten of the Warmington Group to discuss the Clubhouse lease. Phil and I are confident there will be some adjustments made to give some financial relief to the Club. Bill understands our situation and seems ready to help. In the meantime, it is important all members actively work at growing the membership. Talk to friends and other slip holders around you; invite them to check us at a Club dinner or invite them along on a Cruise. More members mean more fun for everyone!

Life's a reach...

Jim Taylor
Commodore



Applications for Membership

The Board will consider the following applications for regular membership at its next meeting on March 20, 2004 at 1600. Comments from members are invited.

Bud and Sharon Moore
606 Woodbine Drive
San Rafael CA 94903

CS 36
Fandango

Omar and Jean Hurricane
6209 Girvin Drive
Oakland CA 94611

Catalina 25
Tip Sea

Port Captain's Log



Ardelle Cirino

We had a wonderful dinner this past month, thanks to the Lagiers, and their now famous Cioppino. The Berkeley Yacht Club joined us for

dinner on the 14th, and everyone that I talked to went away happily stuffed. This is our second dinner already this year, and we have had cruise-ins for both. So far we have signed up a total of eight cruise-ins for the year.

Marina Bay seems to be a very desirable destination for many clubs from the bay to the delta. This has to be good for the club.

This month on the 28th we will have our 3rd cruise-in, as we will host a dinner for the Eden Isle YC. They will be having a meeting at our club in the afternoon, and then dinner after. They are new to Marina Bay, so we are hoping that they get a favorable impression from their visit, so they will return in the future.

I have received a good response at

this point from members willing to help with this dinner and hosting the group. I thank all of you that signed up to help this coming weekend, and extend an invitation to the rest of you to participate in future events. I will be handling events at the club until about mid-April, and will let you know when Bill Butterworth will be back at the helm. Just email PortCaptain@MarinaBayYC.com, and you will reach the appropriate person, or until further notice you can reach me by phone at 510 816-3059.

(Dinner Continued from page 1)

bibs at the end of the evening and by the requests to let them know the date for next year's Cioppino Dinner so they can cruise over for it again. The second cruise-in was the Eden Isle Yacht Club. There was only one boat but a bunch of them can by land. Ardelle Cirino put on a chicken din-



Jim Taylor accepting the Eden Isle burgee

ner for them that just melted in their mouths. They brought a burgee for us but did not take one in return because they have no clubhouse. The Eden Isle YC has an interesting history. It is located by Disappointment Slough

near King Island Resort. It seems that Adam Osbourne (yes, **the** Adam Osbourne), then a member of the Berkeley YC, purchased an island in the delta in 1974 and invited others to join him in using the island as a summer retreat. Soon after, the group formally organized as the Eden Isle Yacht Club. The name comes from the Garden Of Eden because Adam was there first. There is no clubhouse and the only access to the island is by water. Membership is restricted to a total of 25 and individual members sell their memberships when they leave the club.



EIYC retirees Bob & Beth Harris

All Eden Isle members are also members of other yacht clubs, mostly the Berkeley Yacht Club, and tend to be more active in that other club. Eden Isle YC has no slips so getting onto the island requires a dinghy to get ashore.

The Eden Isle YC usually meets at the Berkeley YC but because of a

conflict they met at our place on the 28th of February. At this meeting they elected new officers and bid farewell to Bob & Beth Harris who are retiring. With Commodore Susan Luten presiding, Jane Kingston was elected to succeed her. Commodore Kingston then extended an invitation to any Marina Bay YC member who might be in the area to stop by their island for a visit. Simply call Jane at (650) 726-6774. What made these cruise-ins so great was the mix of visitors and our own members, not only those who sponsored the dinners but also other members who signed up to enjoy the fun and good food.

Changing of the Watch for EIYC:



Before: Dave Richards, Nominating Committee with Commodore Susan Luten



After: Steve Rader, Vice Commodore with Jane Kingston, Commodore

(Emmy Continued from page 1)

good ones, too. Just be careful and take them for a “test drive”. When taking on crew, you will need to carry extra food and water, and make sure they understand that the faucet is not connected to the cities water supply. Designate private space and respect it, everyone needs someplace to call their own. Make it clear who is in charge, someone needs to be responsible for making decisions. Always have an emergency plan and make sure everyone knows it and knows where to locate flares, thru holes and plugs, electrical shut off, fire extinguishers, etc. Above all, work as a team and communicate clearly. No one knows everything, never will. Eric and I have been sailing and racing together for more than 10 years, we each have our areas on the boat and know what to do and when. We are so in sync with each other, we almost communicate telepathically. And remember, yelling doesn’t get the point across any better. Obviously if the person doesn’t get what you’re saying, maybe you’re not making sense. Think about it.

Provisions: The question we get asked the most is “what do you eat out there?” Well, we eat the same things we do while in port. Lucky for me, Eric is a gourmet chef, so we eat quite well. We have three meals a day under most circumstances. In over 15,000 miles we have only eaten right out of a can only once that I can remember. We’ve cheated sometimes by heating up a can of ravioli or soup, but for the most part, we try to eat like normal people. Our galley is pretty user friendly, and relatively easy to use when the weather is rough. Over provisioning is usually more of a problem than not having enough. Some people are really good and are

able to plan menus and shop accordingly. We just buy the things we like and normally use, and make our meals with what we have on hand. Try not to buy anything you wouldn’t normally buy, such as a 50lb bag of rice. We try to carry dried items over canned, i.e. soups, mushrooms, fruits. Cans are bulky and heavy. Prepackaged muffin mixes, and snack items are really nice to have. An inventory is a good idea, it gives you an idea of what you started with, what you’ve used. This is very helpful when the time comes to stock up again. Personal hygiene items, paper towels, toilet paper, etc. are usually available in the larger towns in remote areas, but they are very expensive. We tend to stock up heavily on these things while in the U.S. Stock up on specialty items such as artichoke hearts, capers, and anything special that makes you feel good. We have one compartment in the nav station full of goodies for night watch. It contains the full range of sweets, salty treats, chocolate, anything we might crave. We tend to drag a fishing line while underway, also, make it a point to learn what local shellfish, sea weeds, berries, etc are edible. The local farmer’s markets are wonderful places. There will be things you’ve never seen before. Don’t be afraid to ask what it is and how to prepare it. You never know, you may even end up with a dinner invitation.

Budget: This is another good one. How much does it cost to cruise? Well, it’ll cost whatever you have. This is one area that you can pretty much control. It is also one that is dictated by your comfort level. Marinas tend to be the worst enemy of the cruiser’s kitty. Not only are you paying slip fees, but while in a marina, you’ll tend to frequent the bars and

restaurants. Marinas in Mexico charge U.S. prices, upwards of \$8 or \$9 a foot! If you are on a budget, avoid marinas, bars, and restaurants. I’m not saying you shouldn’t indulge occasionally, just don’t make a habit of it. We allow ourselves one night on the town per “big” town that we visit. Sometimes, you don’t have a choice and have to stay in a marina because there is no where to anchor. Spend as much time on the hook in the remote areas as you can, there is no where to spend money. We have two credit cards—one Mastercard, one Visa, that are reserved for emergencies. It’s a good idea to carry one of each, because some areas only accept one or the other. These are the two best, American Express isn’t as accepted. Otherwise, we carry traveler’s cheques and cash. Before doing any currency exchanges, verify the fees as these can really add up. Cash is usually more expensive to exchange than the traveler’s cheques. We are still making boat payments. We make sure to have enough money banked to cover the payments for the time we will be out, and usually an additional couple of months to give us time to find jobs.

Summary: The key, really, is to know your boat and your own limitations. Practice, practice, practice. The beautiful thing about the boating community is the wealth of knowledge and colorful characters. There is always another boater who will gladly help you. Don’t be afraid to ask, it’s a good way to make friends. Engage in conversations with fellow boaters, share stories, adventures, breakdowns, near misses, etc. These are perfect opportunities to learn and to bank ideas on what to do “if it happens to you”. The truth of the matter is that

(Continued on page 5)

(Continued from page 4)

bad things do happen, and sometimes they'll happen to you. Be prepared, don't panic, and things will usually work out fine. If they don't, you'll have learned a valuable lesson. Identify your expectations, be open to change, be flexible. Try not to be intimidated by the language barrier. English is spoken worldwide, and odds are you will find someone who speaks it. Make the attempt to learn local words and customs. Cruising is supposed to be fun. It isn't always easy, you will get your butt kicked occasionally, but if it was easy, everyone would be out there doing it.

-Emmy Newbould
Nataraja

Board Meeting Highlights

Jim Taylor convened the Board at 1600 in the Boathouse on February 14, 2004. There was a quorum.

Jim reminded everyone that the deadline for submissions to the Signal is the 25th of each month. Articles submitted after the 25th will either be too late or may cause a delay in publication.

The Board is seeking a vendor to supply clothing that will display a boat name as well as the club name and logo. Once a vendor is identified, the clothing will be by special order. There will be a small wait for the items but the advantage is that each member's labeled clothing will follow a consistent theme.

Our Port Captain is still looking for a host for the Chico YC Friday night cruise-in on March 26th. We do not expect a large group.

There are two new additions to our calendar, a Catalina 34 Fleet cruise-in on July 24th and a Napa YC cruise-in on October 10th.

There was a long discussion on the expected positive outcome of the meeting with the marina operators on February 3rd. While receptive to our financial concerns, the primary focus was on ways to improve our financial strength. One suggestion was to create a new class of temporary membership that would be offered to any person berthing a boat in the marina. For a small fee the new slip holder would be entitled to use the clubhouse and to participate in club activities for 60 days. After that, further participation would require the standard application procedure along with the application fee and dues. This and other approaches are still under consideration.

Tips from Your Local US Power Squadron



The most common fatal boating accident is falling or being thrown into the water and drowning. It is said that there are only two kinds of active sailors, those who have gone involuntarily into the water and those who are going to.

So, how do you keep from being one of those drowning statistics?

1. This is the biggie - always wear a personal flotation device (PFD) when boating unless you are docked or at anchor. The single most common factor among those who have been lost in boating mishaps is that they were not wearing PFDs. Not only is this point a biggie, it is a no-brainer. Particularly on the Pacific Coast where the water is so cold that a person will probably not be able to

get back onto the boat without assistance after ten minutes or more of exposure.

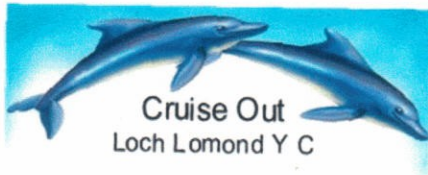
2. Do not joy-ride by standing on the bow, transom or gunwales of the boat. Standing up high is always risky business. When working the boat remember, "one hand for yourself, one hand for the boat." That is, always be holding on to something unless you are sitting down. And standing up always makes your head a good target for the boom, too. If there is anything good to be said about this situation I suppose it would be that if you are unconscious when you go overboard you won't feel the shock when you hit that ice-cold water.
3. Watch where you and your boat are going. A collision with

another boat or some hard part of Earth can throw you into the water or even capsize your boat.

4. Once in the water, wait for help to come to you. Stay with the boat and do not try to swim to the boat or to shore if the swim would take more than a few minutes. The less energy you expend the longer you can hold off the effects of hypothermia.
5. In rougher water, take the waves at an angle, not head-on. The jolt of diving the bow into a wave or dropping the bow off the other side can throw you into the water.
6. Off-shore, always wear a safety harness as well as a PFD.
7. This is the biggie - always wear a personal flotation device (PFD).

Marina Bay Yacht Club Upcoming Events

March, 2004



Cruise Out
Loch Lomond Y C

March 13 - 14

Contact Paul Lagier
Phone 209 599-6635
FleetCaptain@marinabayyc.com



Reserve Your Spot
Today!!



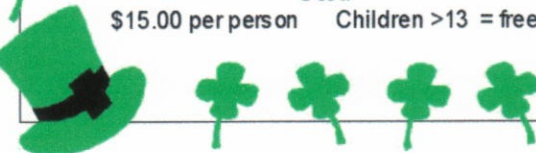
March 20, 2004

Board Meeting and Dinner

Board Meeting..... 4:00
Bar Opens...approx. 5:30
Dinner..... 7:00 pm

Hosted By **Stu & Melissa Meighan**

Cost:
\$15.00 per person Children >13 = free



Chico Yacht Club

Cruise In

Friday, March 26, 2004

Menu: TBD
Host: TBD

*This event needs a host: Please
contact Ardelle if you can do it.*

Coming in April

Mark Your Calendar

April 17th: Alameda YC Cruise-In, and Board Meeting Dinner
Cajun Food hosted by Larry Thornberry

Cruise Out: Check date and destination in next months Signal.

April 24th & 25th: IYFR San Fransisco Chapter Cruise-In and
Women Aboard Cruise-In Hosted by Phil Coker & Kat Decker

Special Notice

Please contact **Ardelle** if you can host our Board Meeting Dinner on May 15th. I have an event and will not be at the club.

Ardelle: 510 816- 3059 or email: rearcommodore@marinabayyc.com

MBYC 2004 Calendar of Events

January

- 10-11 Cruise-out to China Camp
- 17 Sausalito YC Cruise-In
1600 Board Meeting
1900 Dinner [Naill]

February

- 14 Berkeley YC Cruise-in
1600 Board Meeting
1900 Valentine Ciopino Dinner [Lagier]
- 21-22 Cruise to Sausalito YC
- 28 Eden Isle YC Cruise-In

March

- 13-14 Cruise to Loch Lomond
- 20 600 Board Meeting
1900 St. Patrick's Dinner [Meighan]
- 26 Chico YC Cruise-in
1900 Chicken Dinner

April

- 17 Alameda YC Cruise-In
1600 Board Meeting
1900 Dinner [Thornberry]
- 24-25 IYFR San Francisco Fleet Cruise-in
Women Aboard Cruise-in
1900 Dinner [Coker/Decker]
- 25 PICYA Opening Day

May

- 1 Cinco de Mayo Dinner [Cirino]
- 15 1600 Board Meeting
1900 Dinner
- 29-31 Memorial Day Cruise to Half Moon Bay

May

- 19 1600 Board Meeting
1900 Dinner

July

- 3-4 Independence Day event co-sponsored with Marina Bay Yacht Harbor
- 3-6 Delta Cruise
- 17 1600 Board Meeting
1900 Red White & Blue Dinner [Coker/Decker]
- 24 Catalina 24 Fleet Cruise-in

August

- 21 1600 Board Meeting
1900 Dinner

September

- 4-6 Labor Day Cruise to Drake's Bay
- 18 Festival by the Bay co-sponsored with Marina Bay Yacht Harbor
1600 Board Meeting
1900 Dinner

October

- 9-10 Cruise to Alameda YC
- 9-10 Napa YC Cruise-in
- 16 1600 Board Meeting
1900 Oktoberfest Dinner [Jacoby]
2000 General Membership Meeting

November

- 20 1600 Board Meeting
1900 Dinner Western BBQ & Chili Cook-off [Cirino]

December

- 4 Boat Parade
1600 Board Meeting
1900 Christmas Dinner
- 11-12 Cruise to Ayala Cove



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The MBYC Signal is an official publication of the Marina Bay Yacht Club located at Marina Bay Harbor, Richmond, California. A signed article in the MBYC Signal contains the thoughts and opinions of the writer only and are not a statement of MBYC policy or procedure and publication does not constitute an endorsement by the MBYC Board of Directors.

Articles and letters to the editor can be submitted to
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PO Box 281, Station A
Richmond CA 94808-0281
or e-mailed to SignalEditor@MarinaBayYC.com



First Class Mail



2004 Cruising Schedule



Fleet Captain Paul Lagier

Three MBYC boats went on the February cruise to Sausalito; *Pelican*, *Silent Dancer* and *La Dolce Vita*. Our group had the pleasure of chatting with Commodore Marge Bottari who sat with us at our table before dinner. Marge personally presented us with a new Sausalito YC burgee in exchange

for the one we gave them in January. Dinner was great, we all had free slips, and we had a great breakfast together in Sausalito on Sunday morning.

Our cruise to Loch Lomond YC on March 13-14 will put us there for a St. Patrick's Day dinner. Remember to



Earlene, George, Phillip, Kat, Ellie & Paul

watch the tides and stay in the channel going in. Call Paul Lagier at (209) 599-6635 or email to nonnilagier@hotmail.com for reservations.

January 10-11	Raft-up at China Camp
February 21-22	Cruise to Sausalito Yacht Club
March 13-14	Loch Lomond YC
April	Pending
May 29-31	Half-Moon Bay
June	Pending
July 3-6	Delta Cruise
August 14-15	San Rafael YC
September 4-6	Drake's Bay
October 9-10	Alameda YC
November	Pending
December 11-12	Ayala Cove

