



# Signal

## Notice !!

Don't forget that you can get a U. S. Power Squadron vessel safety check with little fuss of bother by setting an appointment with Ellie Naill. Ellie is not only authorized to do the inspection but she is knowledgeable, helpful, and just a fabulous person to know and work with in bringing your boat up to snuff. She makes it about as painless as any safety inspection can be. You can call Ellie at (707) 481-3457 to set up an appointment. Make that call today.



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## Letter from Emmy Newbould & Eric Wilbur

Hello there!

Well, we are finally on the move again. Here is a CD with photos and a winter recap. I will send another covering SE Alaska once we get into B.C. We expect to be in the Bay Area in August.

Emmy & Eric  
s/v *Nataraja*

Ketchikan, Revillagigedo Island, Alaska  
55 21 N 131 40 W  
May 2004

Spring is finally in the air and the sun is making more and more appearances. The cold, wet, windy winter is a thing of the past. We have survived a winter in Alaska and are ready to head out and explore the anchorages as we work our way back to the bay area. Overall, the winter was not all that bad. We got snowed on twice with one storm leaving 4" and the other a foot. It was a first for us to see the harbor staff snow-blowing the docks. The temperatures were not all that bad, only twice did it drop



below freezing. The temperatures were mild for winter in Alaska with highs in the 40's and lows in the 30's. The humidity was rather high and 90% wasn't unusual

causing the condensation levels that were almost unbearable. Our little Force 10 propane heater didn't do us much good; all it did well was burn propane. It just wasn't designed for this environment. With shore power we were able to run electric heat. At first we used the small ceramic space heater, but then switched to a radiator style heater filled with oil. This unit is on the big side, but turned out to be a winner. Not only did it do a really wonderful job heating the boat, but did so more economically. The days were never completely dark; we had daylight albeit cloudy and gloomy for at least seven hours at the winter solstice. The days are already noticeably longer with it getting light at 0400 and just getting dark around 2230. It's really nice having all that daylight!

I worked part-time in one of the local banks and Eric headed back down to Palmyra for another three months of service with the Nature Conservancy. Prior to Eric's departure we moved the boat from the city harbor to the Ketchikan YC docks. They very generous in extending winter mooring privileges to us. During Eric's absence, I landed a house-sitting gig



and spent a month in a warm dry house with three dogs and the use of a car. It



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**BOAT U.S.**

Just a reminder that one of the benefits of being a member of Marina Bay Yacht Club is reduced membership fees for Boat U.S. The dues are only \$ 9.50 per year if you sign up using the Marina Bay Yacht Club Group Member number GA84766Y. For those members making their renewals, don't forget to put our group number on your renewal application. There are applications at the Clubhouse or visit the Boat U.S. Website at [www.boatus.com](http://www.boatus.com) for new, renewal membership applications, or more information about Boat U.S. Boat U.S. has a member rewards

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Our first, in a long time, Club Race was held on Saturday July 10<sup>th</sup> and everyone reported having a great time. The weather was spectacular with lots of sunshine and just the right amount of wind. We had three MBYC boats, *Enchante*, *Uncle George* and *Compass Rose* as well as a guest, *Atomic Punk*. The winner was our visitor *Atomic Punk*, second going to *Uncle George*, and third to *Enchante*.

The intent of this series is low key with the objective to get you out enjoying your boat and providing some stories to tell at the Yacht Club after the race. The

next in the series will encourage you to stay over Saturday night. We're looking for volunteers to be in charge of a BBQ Saturday evening. Please step up and lend us a hand. Thanks.

For more information and race directions please email [mjd@abdi.com](mailto:mjd@abdi.com)

**Next in the Series:**

Marina Bay Yacht Club - Weekend of Racing

Saturday Aug. 28, and Sunday Aug. 29, 2004

Starting Time: 1330 Hours, both days

You're invited to participate in either or both races.

See you on the water!

**PICYA**



The Eighth Annual PICYA Wheelchair Regatta will be hosted at the Encinal Yacht Club on September 25, 2004. Powerboat skippers are needed to donate their time and boat to host one or more guests aboard their vessels. Volunteers are also needed to assist in welcoming, boarding, preparing and serving lunch, and entertainment. If you can assist with this rewarding community service or if you would like more information please call Margot Brown at (510) 523-2098.



Jim Taylor

It was good to see fireworks again at Marina Bay this year. The late "on again" flyer at the marina prompted an email of short notice to MBYC members to come and watch from the Clubhouse deck. There were a dozen or so folks that came to the "impromptu" barbeque and potluck, it was good fun. The weather cooperated and gave us an excellent view of a wonderful pyrotechnics display.

Mrs. Commodore and I sailed off on July 4 to the Oakland Yacht Club to watch the fireworks that evening. The sail over was quite windy under double reefed main and reefed jib. Ditto for the return trip the next day; having left earlier and hoping to find more civilized conditions. Is it my imagination, or has this summer been more windy than others? The usual wind patterns seem to have disappeared; it blows hard from morning till night. Someone told me the high pressure system was not in its usual position creating the unusually windy weather.

As we were enjoying the run down the estuary on Sunday, we heard on the VHF, that three people were pulled from the water at the mouth of the estuary. We found later, an Express 27 of an Oakland Yacht Club member was t-boned by a power boat. The sailboat sank in the middle of the shipping channel with its mast showing above the

waterline. Diver's removed the mast, boom, and sails the next morning and had all on deck when we were motoring out the estuary at 1000 hours the next morning. I expect to read more details about the incident in the August Latitude.

While at the Oakland YC we visited with Jean Novotny, a former and charter member of Marina Bay Yacht Club. Jean sends her greetings to the folks at MBYC. She lives on her Wauquiez sailboat at Marina Village next to the Oakland YC. We enjoyed the City of Oakland fireworks from the second story of the OYC. I remember enjoying a fireworks display from that same spot during a Catalina 30 National Regatta many years ago.

One reason, myself included, folks are yacht club members is the benefit of reciprocity with other yacht clubs. Reciprocity allows members of yacht clubs to visit and enjoy each other's facilities. Marina Bay Yacht Club is a member of the larger organization Pacific Inter-Club Yacht Association with membership representing most Bay Area and Delta Yacht Clubs. The PICYA member clubs welcome members of other clubs to visit and use their facility. All it takes is a phone call; someone will let you know what is happening at their Club and if there is availability for you and your boat. Reciprocity allowed Terry and me the overnight stay at the Oakland YC, at no charge. We also joined in the potluck dinner

event that evening and met some nice folks. We encourage members that want to experience other Clubs take advantage of this valuable benefit of your MBYC membership. (Don't forget to fly your burgee during your visit.)

Reciprocity is also used when we cruise as a group to other Clubs. For the efforts our Fleet Captain has exerted in making arrangements for cruises, attendance has been most disappointing. There were a couple of cruises with only one or two boats attending. Why are Club members not going on the cruises? Only three member boats were at the Club race in July. How are Club members using their boats? What activities will members attend in greater numbers? Please let the Board know what events you would like to have planned. The Board wants everyone to enjoy their MBYC membership.

Life's a reach....

Jim Taylor

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*(Continued from page 2)*

program that returns a \$ 15.00 discount coupon for every \$ 300.00 of purchases whether shopping at Boat U.S. or West Marine Stores. Boat U.S. membership has a towing benefit included and the option to increase that benefit is offered at several levels. There many other services and benefits through Boat U.S.; including marine insurance, discounts at over 650 cooperating marinas, and the Boat U.S. Magazine.

was almost like being on vacation and I got paid for my time. The house is right on the Tongass Narrows (the channel that runs down the city front) and at low tide I was able to take the dogs down to the beach. The views from the house were spectacular. One day I watched a Coast Guard Buoy Tender replace a buoy right outside the window. What a sight!

By the time Eric returned in mid May, the weather had improved nicely. The temperatures hovered in the 50's and sometimes even topped 60. The sun came out more often and it was downright pleasant. There were only a few small boat projects to tackle and then we took advantage of the nice weather to do some hiking. One hike took us to the top of Deer Mountain with an altitude of 3000'. The views of Ketchikan and the surrounding waterways and islands were stunning. We also walked down to the village of Saxman to view the totem poles. I had the opportunity to visit a couple other



totem pole parks on other occasions. There are many totems in the Ketchikan area that have been "rescued" from abandoned native villages in the area. The totems were not restored as the weather beat them down, but were allowed to return to a natural state. A massive effort was put forth to bring the totems to Ketchikan and placed in parks for people to view and to also teach the next generation the art of carving. By brining totems of varying states of decay, one is able to see the detail that was achieved using the old methods.



Spring is very evident here. It stays green year round because of all the evergreens, but the flowers come out in force! Everywhere there are beautiful flower gardens, and the trails are thick with wildflowers. We headed out for a few days to shake the cobwebs out and make sure all systems were a go before our actual departure. We spent four days at anchor in two different spots. Both were so peaceful. The first, Moth Bay in Thorne Arm was a perfect place after being tied to a dock for nine months. Yeah, nine months, we are still finding that hard to swallow. Once the anchor was securely set, we cut the engine and looked around. Wow, it felt so good to be out again. And it was so quiet, not a sound but the birds in the trees. We kicked back with



our books and just relaxed. This anchorage didn't offer much in shore side activities due to it being steep to, but it was a wonderful place to decompress. The next day we awoke to some steady rain and winds so we hung out another day and did nothing but listen to the wind generator work

its magic and read. The next morning we weighed anchor and headed up Carroll Inlet to Gnat Cove. This is one anchorage to be entered at low tide because of many nasty rocks that disappear when the tide is in. We picked a spot in the "thumb" part of the cove between a very small island and the shore. After a quick lunch we headed to shore to stretch our legs. We walked and walked enjoying the wildflowers, mushrooms and practically getting our boots sucked off



in the mudflats. There were many hoof prints along the shore as well as a few bear tracks. We also startled a gaggle of geese that were lounged out behind a little grassy knoll. Before heading back to the boat, we stopped to skip some stones and that's when the gnats and the biting flies attacked us. We quickly piled into the dinghy and rowed back to *Nataraja*. The little buggers followed us and tormented us the rest of the day. The mosquito coils kept them from going down below, but the Deep Woods Off didn't faze them. OK, maybe that's why it's called Gnat Cove. Later in the evening we spotted a really big, fat black bear working the shore for snacks. We watched him for a while, but were again driven below by those viscous man-eating flies. After breakfast the next morning we weighed anchor and headed back to the yacht club. On our way out, we spotted three more bears, but never did see the deer. The sun broke through the clouds and we had a nice trip home.

Emmy

## How to Make Really Good Pork Ribs on the Bar-B-Q

This recipe will work well on just about any size grill, even the small one we have on the boat. What is so great about it is that it takes only one cooking utensil, a piece of aluminum foil. Shown here is an entire side of ribs but the recipe works just as well with a smaller cut. The ingredients can be scaled to the amount of ribs you want to grill.

### INGREDIENTS

#### Meat:

4 pounds pork loin back ribs

#### Seasoning:

2 tablespoons paprika

2 teaspoons dried basil leaves

1/2 teaspoon onion powder

1/4 teaspoon garlic powder

1/4 teaspoon ground red pepper

1/4 teaspoon black pepper

#### Sauce:

1 cup barbecue sauce

1/2 cup apricot all-fruit spread

#### Other stuff:

Long strip of aluminum foil

Pam

8 ice cubes

Lay out a strip of aluminum foil



that is long enough to double back over the ribs with several inches to spare. Lightly grease or PAM the foil then season the ribs on both sides and place them at one end of the foil.

Put a lot of ice cubes on the ribs. The recipe says 8 ice cubes for 4 pounds of ribs but we get better results with 10 or 12 ice cubes. The ribs can burn if a tiny leak in the foil lets all of the water boil away.



Fold the foil over and crimp up the edges to seal in the water when the ice melts. Usually, steam will not escape if you fold the foil over five or six times on each edge. If all you have is very thin foil, use a double thickness to deal with tiny punctures. We know this from experience.



Place on the grill (gas or charcoal) set to medium heat for about an hour and ten to twenty minutes.



Be sure that there are no tears in the foil and that the edges are tightly sealed. Everything will probably be OK if a little steam is escaping but

the ribs will eventually burn if a lot is getting out. If this is happening, you can slit the foil and add more ice then re-wrap with another sheet of foil. If you have a grill thermometer, try to keep the average temperature at 450. Remove from grill, open the foil, cover ribs with sauce and put just the ribs back on grill still on medium heat. Discard the foil.



Cut the ribs to a convenient size if needed, then add sauce and turn every few minutes. Note that the ribs shown here could have been done in two or three separate foil wrappings but I'm getting so good at this that I now can handle the larger bags.



After about 8 to 10 minutes, remove from grill, slice and serve.



Marina Bay Yacht Club

# Upcoming Events

August 2004

**Cruise Out to San Rafael YC**  
**August 14-15, 2004**

Contact Paul Lagier for details.  
(See page 2 for phone number or  
email:

[fleetcaptain@marinabayyc.com](mailto:fleetcaptain@marinabayyc.com)



**Hosts needed for September**

**Help**

If you are interested, please contact the  
**Port Captain.** (Contact info. on page 2)  
There are many of us that can help out if  
you have not done this before.

**Cruise Out to Drakes Bay**  
**September 4 - 6, 2004**

Contact Paul Lagier for details.  
(See page 2 for phone number or  
email:

[fleetcaptain@marinabayyc.com](mailto:fleetcaptain@marinabayyc.com)

## **Board Meeting and Dinner Saturday**

**August 21, 2003**

### **B-B-Q Chicken**

**with Sausage, Red Potatoes  
salad, coffee and Pie**

**Board Meeting** 4:00 p.m.

**Bar Opens approx.:** 5:30 p.m.

**Dinner** 7:00 p.m.



**.Cost: \$15.00 p.p.**  
**Kids <13 = free**

**Hosted By  
The Duvalls**

### **RSVP**

Ardelle Cirino (510) 816-3059  
[PortCaptain@MarinaBayYC.com](mailto:PortCaptain@MarinaBayYC.com)

### **Mark Your Calendar!!!**

On September 18th the City of Richmond will be sponsoring The Festival by the Bay event. **MBYC will be holding an Open House on the same day. (BETWEEN NOON AND 4 PM) Please set some time aside to come help us meet and greet folks that may stop by. We need your support to grow our club.**

**(Complete Details in September Signal)**

# 2004 Calendar of Events

## January

- 10-11 Cruise-out to China Camp
- 17 Sausalito YC Cruise-In
- Board Meeting
- Dinner [Naill]

## February

- 14 Berkeley YC Cruise-in
- Board Meeting
- Valentine Ciopino Dinner [Lagier]

## March

- 13-14 Cruise to Loch Lomond
- 20 Board Meeting
- St. Patrick's Dinner [Meighan]
- 26 Chico YC Cruise-in

## April

- 3-4 Cruise to Benicia YC
- 17 Alameda YC Cruise-In
- Board Meeting
- Cajun Dinner [Thornberry]
- 24 IYFR San Francisco Fleet Cruise-in
- Women Aboard Cruise-in

## May

- 1 Marina Bay Yacht Harbor Flea Market
- 15 Board Meeting
- Vallejo YC Cruise-In
- Chili Dinner [Pordess]
- "If you know beans about chili, you know  
That there are no beans in chili."

## June

- 12-13 Cruise to Encinal YC
- 12 Private Party hosted by Melina Corona
- 19 Board Meeting
- Surf & Turf Dinner [Cirino]

## July

- 3 Marina Bay fireworks—Club open
- 3-6 Delta Cruise
- 10 Marina Bay YC Sailboat Racing
- 17 Board Meeting
- Red White & Blue Dinner [Coker/Decker]
- 24 Cruise to Ballena Bay YC
- 31 Catalina 24 Fleet Cruise-in Clam Bake

## August

- 14-15 Cruise to San Rafael YC
- 21 Board Meeting
- Dinner [Duvall]
- 28-29 Marina Bay YC Sailboat Racing

## September

- 4-6 Labor Day Cruise to Drake's Bay
- 18 Board Meeting
- Festival by the Bay co-sponsored with  
Marina Bay Yacht Harbor
- Dinner

## October

- 9-10 Cruise to Alameda YC
- Napa YC Cruise-in
- 16 Board Meeting
- Octoberfest Dinner [Jacoby]
- General Membership Meeting & Elections

## November

- 13-14 Cruise to Point San Pablo YC
- 20 Board Meeting
- Western BBQ & Chili Cook-off [Cirino]

## December

- 4 Boat Parade
- Board Meeting
- Christmas Dinner
- 11-12 Cruise to Ayala Cove



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The MBYC Signal is an official publication of the Marina Bay Yacht Club located at Marina Bay Harbor, Richmond, California. A signed article in the MBYC Signal contains the thoughts and opinions of the writer only and are not a statement of MBYC policy or procedure and publication does not constitute an endorsement by the MBYC Board of Directors.

Articles and letters to the editor can be submitted to  
Signal Editor  
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Richmond CA 94808-0281



First Class Mail



Aloha all from beautiful Maui. Earlene and I arrived yesterday. The weather is beautiful and we are enjoying ourselves totally. Gino from SRYC called this morning on our cell phone. They will be providing

NY steaks, baked potato with all the condiments, salad, veggie, cheesecake with fruit and will pour drinks while we bbq our steaks and socialize. All this for \$17.50. How can we go wrong? I need to let them know by Aug. 3rd. Let me know number of people and boats. I will check our e-mail on Tuesday late in the day by 8PM. Hope to hear from several of you. Come by car or come by boat, just come. Well we are off to the beach again. Mahalo and Aloha, Paul--the fleet captain

Three MBYC boats participated in the Delta Cruise, July 2 thru 5: *La Dolce Vita*, *Sea Bee Driver*, and *Pixy Trails*. We all anchored in the northeast corner of Venice Reach. The Hilton fireworks were held Sunday night and were just spectacular. We were anchored about a quarter-mile from the fireworks barge giving us a great view of the fireworks. *La Dolce Vita* sailed from The Brothers all the way to Venice Reach on Friday. We pulled anchor Monday morning at 5:30 am and powered back to Marina Bay arriving in our slip at 2:30 in the afternoon.

## Fleet Captain's Log

### 04 Cruising Schedule

January 10-11	Raft-up at China Camp
February 21-22	Cruise to Sausalito Yacht Club
March 13-14	Loch Lomond YC
April 3-4	Benicia YC
May 29-31	Half-Moon Bay
June 12-13	Encinal YC
July 3-6	Delta Cruise
July 24-25	Ballena Bay
August 14-15	San Rafael YC
September 4-6	Drake's Bay
October 9-10	Alameda YC
November 13-14	Point San Pablo YC
December 11-12	Ayala Cove